



Bottom Drive Belt Squat ASSEMBLY INSTRUCTIONS



Please take the time to carefully read the instruction manual before starting the process of assembling your machine. If you have any inquiries or complications, please call us at 662-GYM-BROS, or email us at info@gymbrofitness.com.

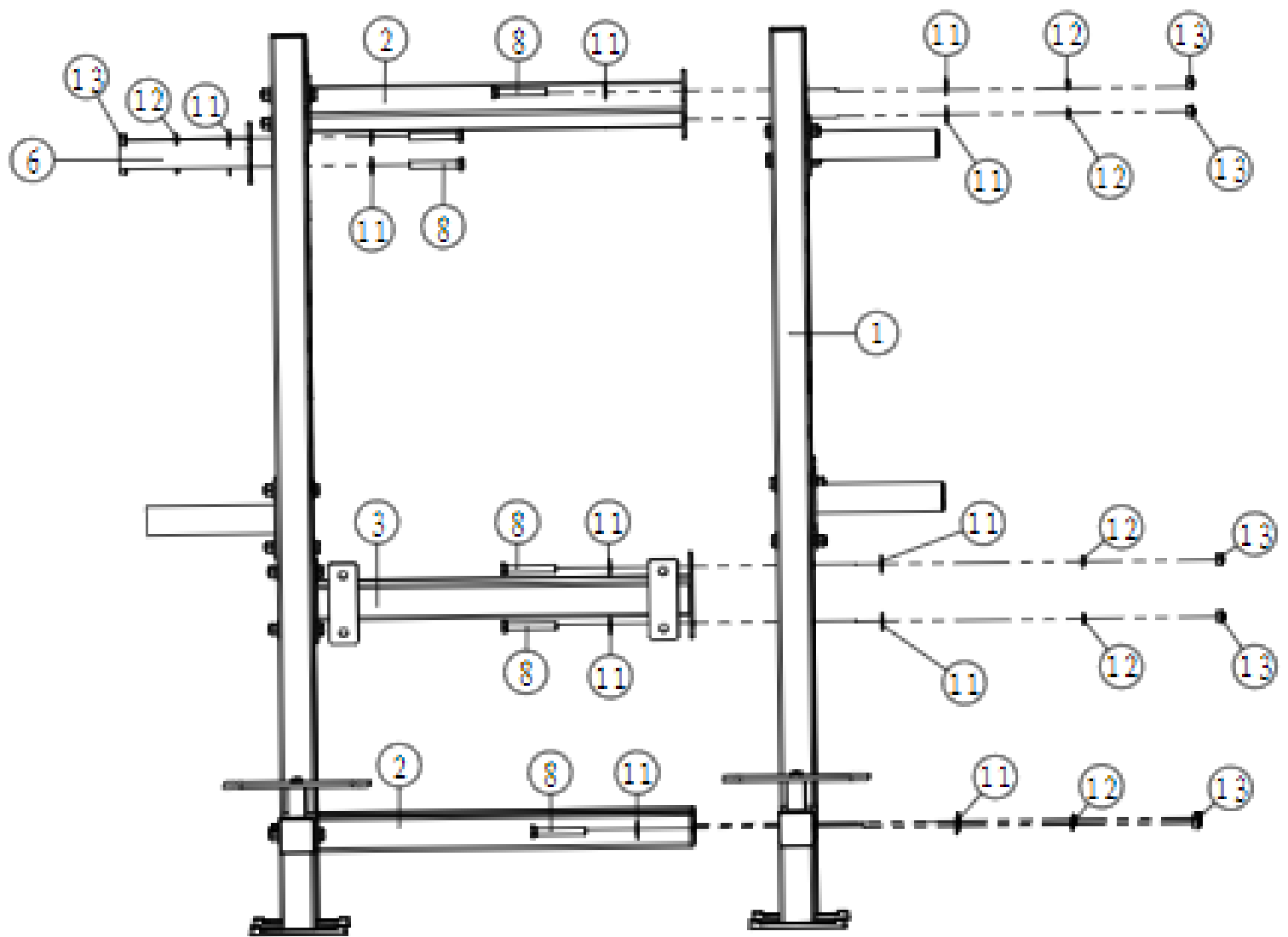
Ensure to tighten all nuts and bolts, lubricate any sliding parts, bearings, and moving mechanisms. We also suggest applying Loctite or any kind of thread locking adhesive to anything that does not thread into a Teflon nut. It is also important to ensure that every movement arm is properly aligned prior to frequent use, and that the machine that you are assembling is fully functional.

Tools Required for Installation:
Rubber Mallet
Level
Ratchet and Socket Set
Snap Ring Pliers
Adjustable Wrench
2 People Required

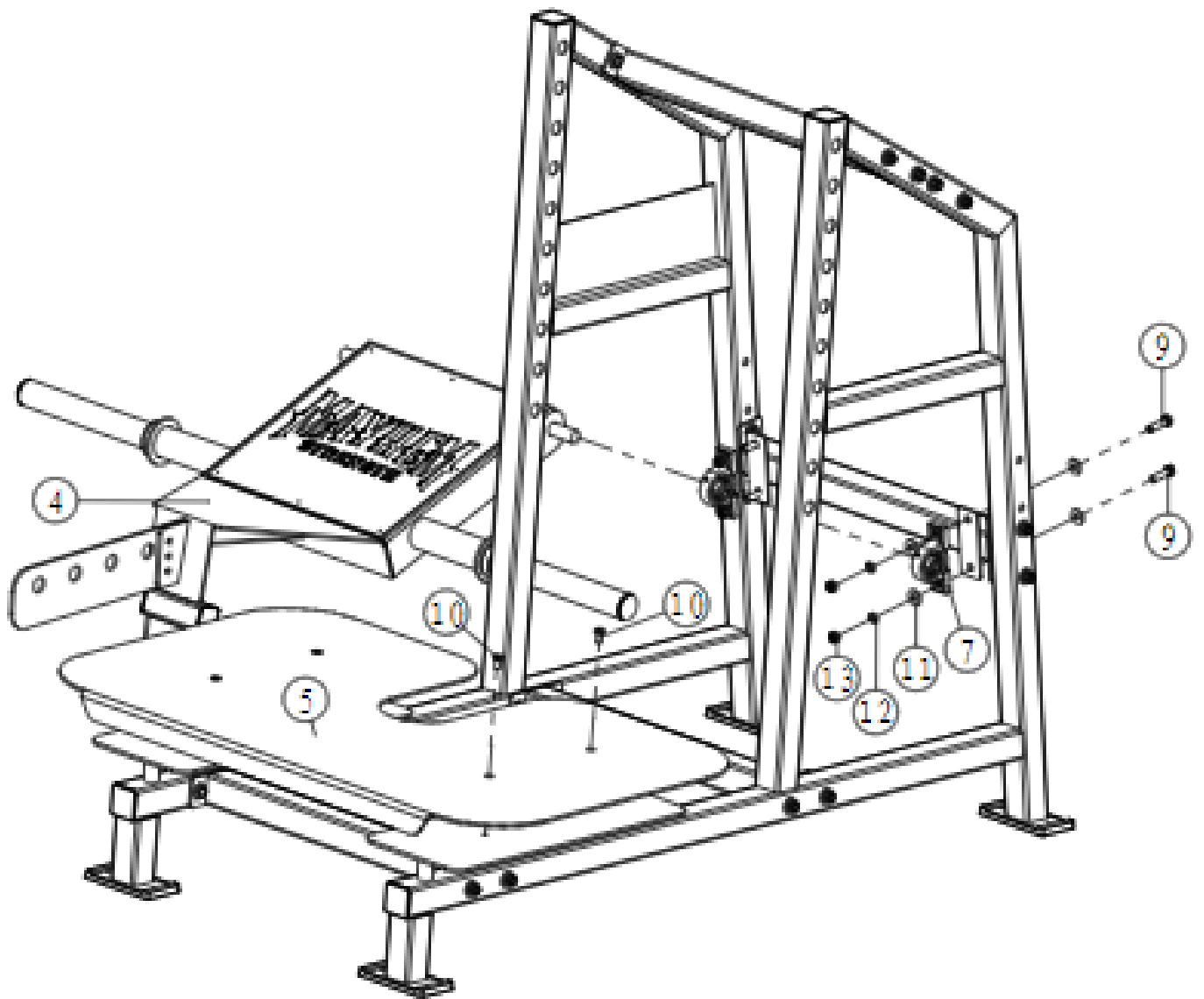
PARTS/HARDWARE LIST

Part Number	Part Description	Quantity
1	Support Upright	1
2	Cross Assembly	3
3	Cross Assembly	1
4	Connecting Plate	1
5	Bent Foot Base	1
6	Weight Holder	4
7	Block Bearing	2
8	Hexagon Head Bolts M12x85	25
9	Hexagon Head Bolts M12x45	4
10	Flat Countersunk Head Hexagon Socket Bolt M10x25	4
11	Plain Washers	58
12	Spring Lock Washers	54
13	Hexagon Nuts M12	29

Frame Assembly



Force Arm Installation



Have a question about assembly?



Please contact a Gym Bro Fitness Team Member!

Hours of Operation:

Monday-Friday 9:00am - 5:00pm (PST)

Saturday 9:00am - 3:00pm (PST)

Sunday CLOSED

Phone: (662)GYM-BROS

Email: info@gymbrofitness.com

Visit Our Website: www.gymbrofitness.com