



Functional Trainer Selectorized ASSEMBLY INSTRUCTIONS



Please take the time to carefully read the instruction manual before starting the process of assembling your machine. If you have any inquiries or complications, please call us at 662-GYM-BROS, or email us at info@gymbrofitness.com.

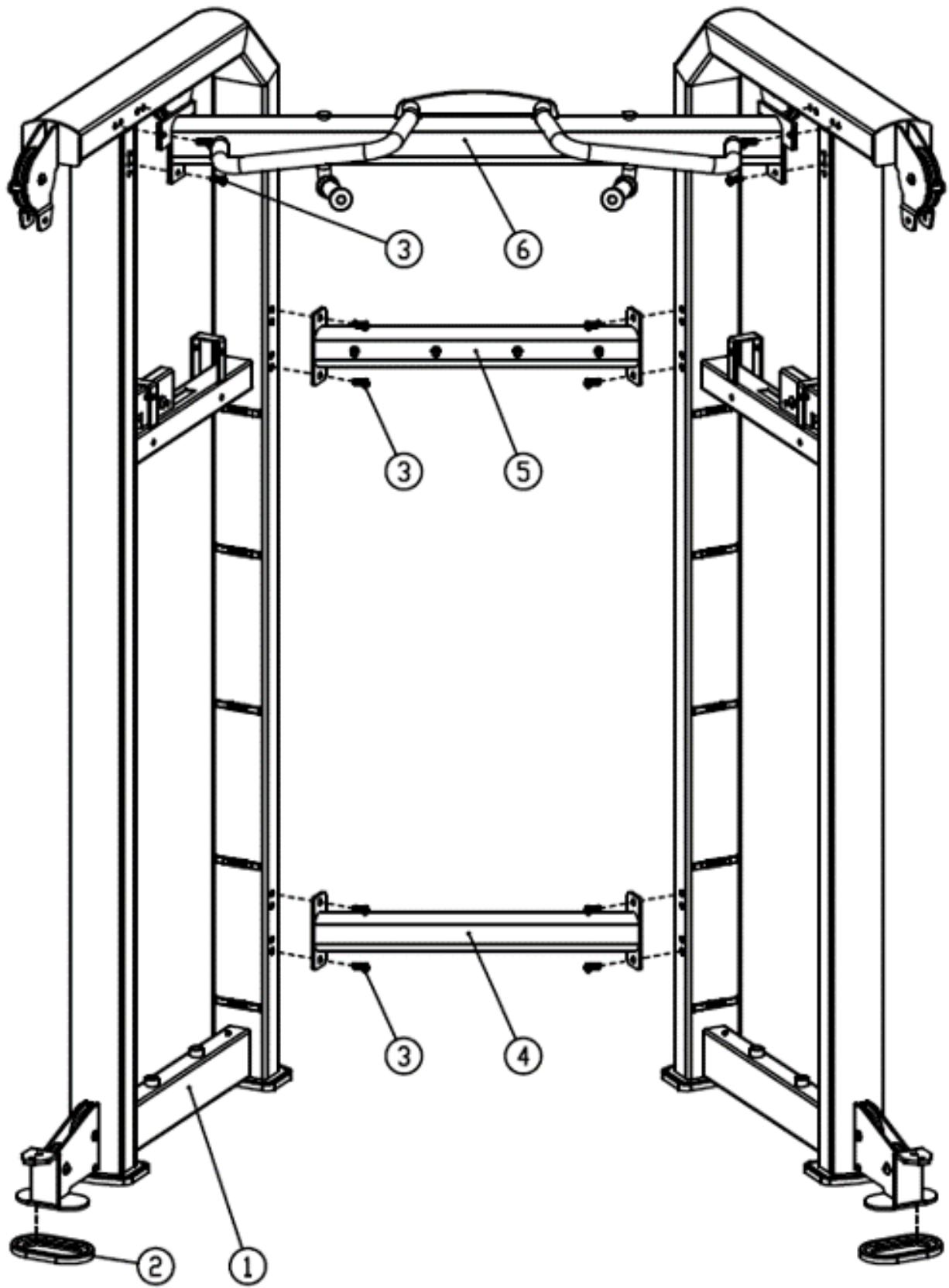
Ensure to tighten all nuts and bolts, lubricate any sliding parts, bearings, and moving mechanisms. We also suggest applying Loctite or any kind of thread locking adhesive to anything that does not thread into a Teflon nut. It is also important to ensure that every movement arm is properly aligned prior to frequent use, and that the machine that you are assembling is fully functional.

Tools Required for Installation:
Rubber Mallet
Level
Ratchet and Socket Set
Snap Ring Pliers
Adjustable Wrench
2 People Required

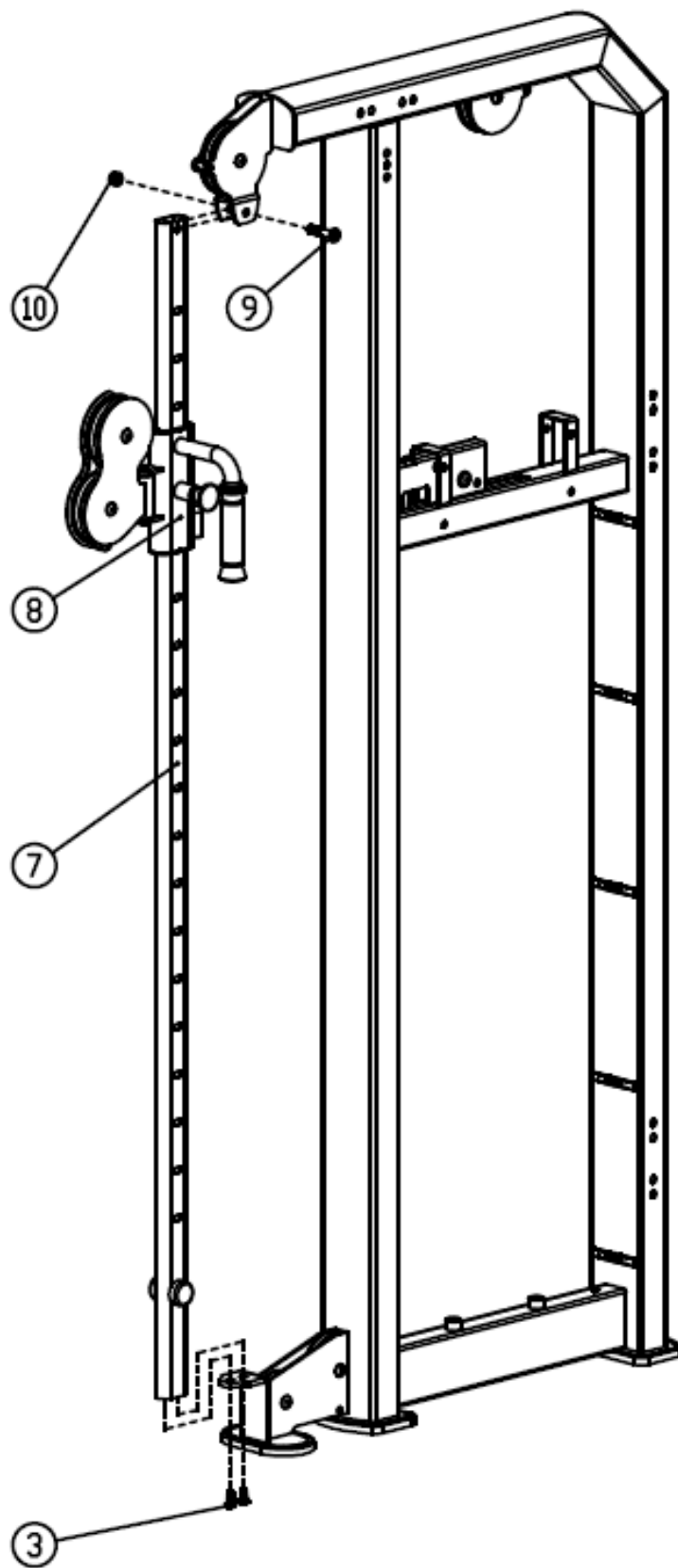
PARTS/HARDWARE LIST

Part Number	Part Description	Quantity
1	Balance Weight Frame	2
2	Foot Pad	2
3	Hexagon Socket Button Head Screws M10x20	18
4	Joint (1)	1
5	Joint (2)	1
6	Top Beam	1
7	Adjustable Rod	2
8	Adjustable Sleeve	2
9	Hexagon Socket Button Head Screws M12x55	2
10	Locknut M12	2
11	Wheel Box	2
12	Wire Rope	2
13	Handlebar	2

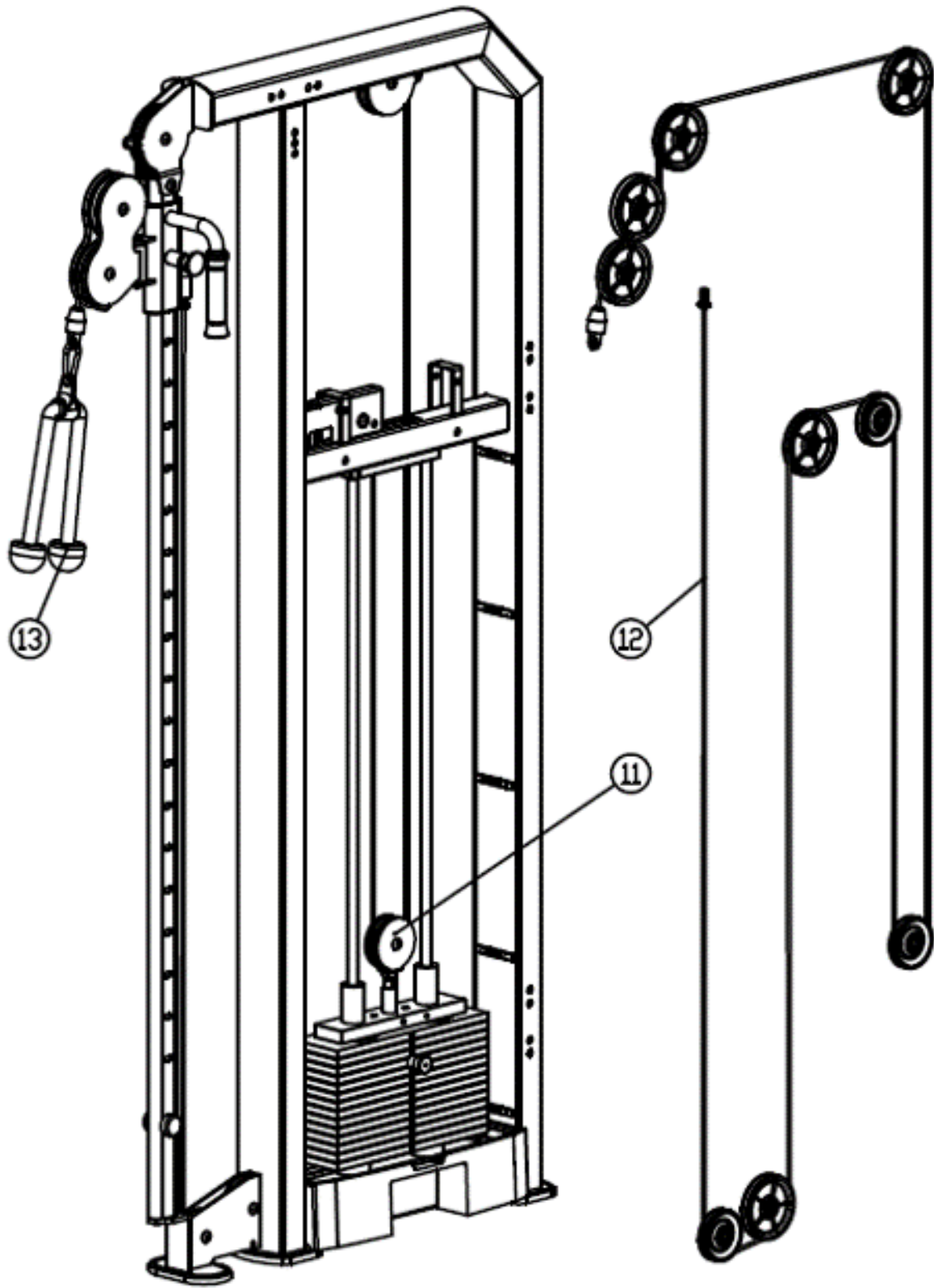
Frame Assembly



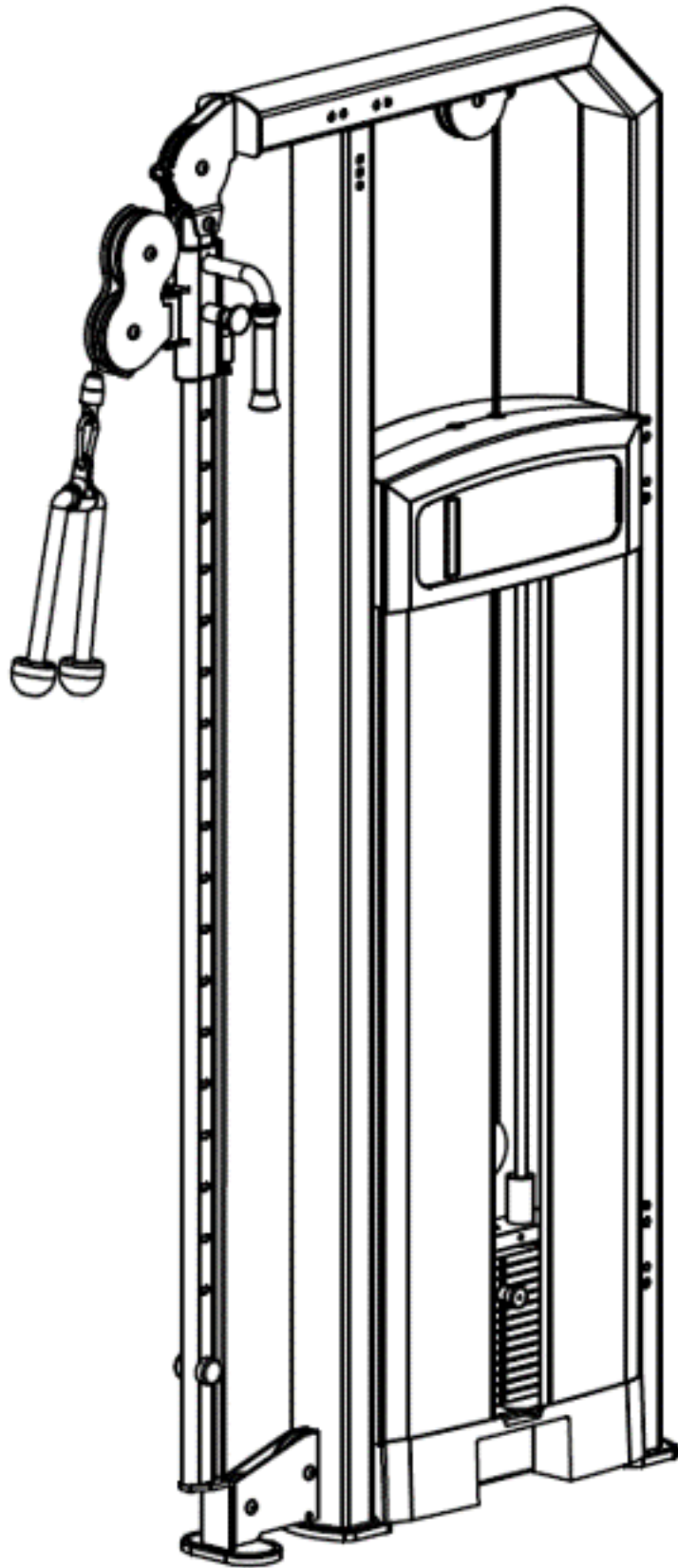
Slideway Installation



Cable Installation



Cover Installation



Have a question about assembly?



Please contact a Gym Bro Fitness Team Member!

Hours of Operation:

Monday-Friday 9:00am - 5:00pm (PST)

Saturday 9:00am - 3:00pm (PST)

Sunday CLOSED

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Visit Our Website: www.gymbrofitness.com